



Miss Kansas 2010
Lauren Werhan

MISS KANSAS HAS A BEAUTIFUL IDEA
SHE WANTS YOU TO JOIN HER
IN SMALL ACTS OF KINDNESS
**CREATE A RIPPLE
THAT SPREADS
AND GROWS**



SO YOU CAN'T TOSS A BATON WORTH A DARN, PLAY CATCH WITH A KID GIVE WHEN NO ONE IS LOOKING
TEACH SOMEBODY HOW TO BOOGIE, THEN DANCE WITH 'EM GIVE A HUG INSTEAD OF A HANDSHAKE
GET OFF YOUR HIGH HEELS AND MAKE A FRIEND TELL A TEACHER SHE ROCKS - SHE COULD USE A STAR
OKLAHOMA IS OK, BUT KANSANS KICK IT INTO HIGH GEAR REMEMBER, PRETTY IS AS PRETTY DOES
GIVE PARENTS A BREAK - BABYSIT DONATE CLOTHES, AND NOT JUST YESTERDAY'S FASHION DISASTERS
TELL A YOUNG WOMAN SHE CAN DO ANYTHING AND BELIEVE IT HIT A CHARITY CAR WASH AND OVER-PAY
ENCOURAGE VOLUNTEERISM BY BEING FIRST TO SIGN UP MAKE SOMEONE ELSE FEEL BEAUTIFUL
FLASH THOSE PEARLY WHITES AND LIGHT UP A ROOM - AND A LIFE SLAY YOUR INNER DRAMA QUEEN
SHOW RESPECT BY BEING ON TIME FOR APPOINTMENTS BE AS NICE TO YOUR FAMILY AS YOU ARE TO YOUR BUDS
REALIZE YOUR POWER TO MAKE OTHERS HAPPY AND USE IT BUILD SOMETHING - DROP THE GLAMOUR,
PICK UP A HAMMER VISIT A LOCAL CHILDREN'S MIRACLE NETWORK HOSPITAL AND EXPECT MIRACLES

BE THE GOOD VIBE YOU WANT IN THE WORLD

Join in the fun. Do nice little things for others - and prompt them to pay the kindness forward. Check out our website - DoTheDeed.org. See what others are doing. Vote on your favorite simple acts.

Then submit your own. Upload photos and videos. Find out how you can even track your efforts. We have a kit you can download to get started. Add a little joy. One deed at a time.

DO THE DEED.ORG

A movement fueled by The Wichita Eagle, Greteman Group and many others.